

RELAX, ESCAPE & RECHARGE in the Mountains of Sri Lanka

For anyone who knows they need a break to get unstuck and reboot but prefers to take a more general approach to rejuvenating the mind, body and spirit, this fully bespoke program requires absolutely no prior exposure to wellness, fitness or healthy lifestyle, Anyone will benefit from this custom combination of relaxation, nutrition, exercise and education



JOIN US FOR OUR PRE-OPENING PROMOTION IN A BRND NEW, BOUTIQUE, LUXURY RESORT - BELLWOOD HILL RESORT & SPA, KANDY

Tour Options

8 DAY TOUR: APRIL 26 - MAY 2 14 DAY TOUR: APRIL 26 - MAY 9



Don't Miss:

Excursions:

Gaze with wonder upon the ruins of Anuradhapura & Polonnaruwa Clamber up the giant rock fortress of Sigirya Discover Dambulla's cave paintings and Buddha statues Watch the elephants in Pinnawala Temple of the tooth & botanical gardens

Golf at beautiful Victoria Golf Course Visit to Galmaduwa Temple Hiking and bird watching Visit to Botanical gardens Visit to Spice gardens.

Bellwood Hills Resort & Spa | No 90, Nugaliyadda, Kandy, 20204 | Phone: +94.76.174.2264 | Email: info@bellwoodhills.com

ITINERARY Tour One

Day 1: Pick up from Colombo International Airport (CMB) to Bellwood Hills Resort & Spa

Day 2: Kandy city Tour including Temple of the tooth and botanical gardens

Day 3: Excisions: Tuk Tuk village tour, birdwatching or hiking Day 4: Visit to Sigirlya Rock and Dambulla

Day 5: Excursions: Cycling or hiking

Day 6: Day Tour of Nuwara Eliya, including opportunity to view stunning landscapes, waterfalls and tea plantations

ITINERARY Tour Two

Day 1: Pick up from Colombo International Airport (CMB) to Bellwood
Hills Resort & Spa
Day 2: Kandy city Tour including Temple of the tooth and botanical
gardens
Day 3: Excisions: Tuk Tuk village tour, birdwatching or hiking
Day 4: Visit to Sigirlya Rock and Dambulla
Day 5: Excursions: Cycling or hiking
Day 6: Day Tour of Nuwara Eliya, including opportunity to view stunning
landscapes, waterfalls and tea plantations

Day 7: Cultural show and Gala Dinner at the Roof Top or Restaurant	Day 7: Cultural show and Gala Dinner at the Roof Top or Restaurant	
	Day 8: Visit to Anuradhapura and Pollonawaruwa	
	Day 9: Other Excursions: village visits and village temple visits	
	Day 10: Relax at the hotel, enjoy herbal tea and sp or sauna treatments	
	Day 11: Excursions: view points and lakes	
	Day 12: Excursions: Mountain visits	
	Day 13: Cultural show and Gala dinner at the Roof Top or Restaurant	
	Day 14: Departure	



CATEGORY	No. of Pax	8 Days	14 Days
Super Deluxe 1 King Bed	2 pax	USD 800	USD 1200
Family Room 2 King Size beds	4 pax	USD 1600	USD 2400
Presidential Suite 1 King Bedz	2 pax	USD 1600	USD 2800

Package Includes:

Airport pickup and drop off Daily Breakfast All excursions and day trips 2 nights Dinner & In-house cultural show Unlimited non-alcoholic beverages One 60 minute spa treatment per person Swimming Pool Sauna and Steam Bath Gym Facility

Terms & Conditions

Check In Time: 1400 hrs Check Out Time 1200 hrs All payments and reservations must be booked before April 1, 2019 Rates do not include 10% service charges and NBT & VAT 18% Drivers/ Chauffer guide food & accommodation will be provided Full payment required Non-Refundable/Non Transferable



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